

Effective Prevention & Response to School Bullying: Enhancing Peer Relationships

Whole Day Workshop

Friday 24 November 2023

Coosje Griffiths

Time: 8.30 to 3.30 pm – **ample free parking**
Where: Newman Siena Centre, 33 Williamstown Road, Doubleview WA
For: School leaders, student services, school psychologists, support staff
Cost: \$396 (incl. GST) *Early Bird: \$352 (incl. GST) ends 30 October 2023*
Includes: Morning tea & lunch + comprehensive participant manual
Registration: Please register online [here](#) or with QR code (*limited places*)



The impact on student wellbeing of bullying is well documented. It is estimated that one student in four reports bullying in person, and one in five for online bullying. All students involved in need support, including those who are bullied, those bullying others and those who are bystanders.

This workshop provides participants with current knowledge and hands-on skills to implement practical and effective interventions to address bullying and enhance relationships. Research is translated into effective school practices. Strategies are based on strength-based, positive psychology principles with the goal of improving student wellbeing and peer relationships as a protective factor against bullying as well as interventions to resolve bullying incidents.

The program includes:

- current research on what does and does not work
- key prevention & early intervention strategies to improve and restore relationships
- resolving bullying incidents using restorative approaches including the (Pikas) Shared Concern
- strategies for teachers, parents & students (*multi-tiered approaches*)
- student-centred approaches (*incl. bystanders*)
- addressing a range of bullying issues and scenarios (*incl. social media*)



Comprehensive participant manual provided: with practical whole-school, class & targeted strategies, plans, checklists, incident response scripts, guidelines, readings & research.

About the presenter

Coosje Griffiths is a trained teacher and registered psychologist. She has extensive knowledge and experience across a range of school settings of bullying prevention and response in various role including as practitioner, manager of statewide services and consultant. Coosje was awarded a Churchill Fellowship to study the issue of bullying and violence in the UK, Norway, the USA and Canada. She has since presented for and consulted with schools locally, nationally and internationally, applying research to practice. She is widely published and has worked on a range of projects with leading academics such as Prof Ken Rigby, Prof Donna Cross & Prof Anatol Pikas and as an active contributor to national initiatives such as- *Bullying. No Way!*, *MindMatters*, the Australian Student Wellbeing Framework and the National Centre Against Bullying. Coosje has been an expert witness for two court cases (international & interstate) involving school bullying. She recently presented a workshop at Bologna University Italy (International School Psychology Association conference) and provided intensive training for schools in the Maroochydore Region Queensland. She works as a consultant for a variety of schools and is undertaking post graduate education studies at UWA.

Workshop Feedback: "I can highly recommend this workshop. It was practical and informative with explicit methods to be more effective." "I was inspired by the interactive approach, manual, scripts, research, videos and modelling". "Since doing the workshop we are getting more positive results when dealing with bullying incidents."

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