

# 2026 AISWA Wellbeing and Respectful Relationships Conference

**Strong Minds,  
Connected  
Communities:**

Wellbeing for  
Every Child,  
Culture,  
and Family





**Chris Massey**  
EXECUTIVE DIRECTOR  
AISWA

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## Welcome Message

On behalf of AISWA, I warmly invite school leaders, educators, wellbeing professionals, psychologists, pastoral care staff, and all those who support students and families to register for the 2026 AISWA Wellbeing and Respectful Relationships Conference.

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Now in its second year, this conference offers an important opportunity to pause, connect, and deepen our shared understanding of the conditions that help young people feel safe, respected, included, and ready to learn.

Guided by the theme **Strong Minds, Connected Communities: Wellbeing for every child, every culture, every family**, the event will explore the vital role schools play in strengthening wellbeing, fostering respectful relationships, and supporting the diverse needs of students and families.

Through keynote presentations, workshops, and professional conversations, participants will engage with contemporary research,

evidence-based practice, and practical strategies that can be applied across school settings.

Your attendance is an investment in the wellbeing of your students, your colleagues, and your wider school community. I encourage staff from across Western Australia, and nationally, to be part of this valuable day of learning, reflection, and connection.

Warm regards,

A handwritten signature in dark ink, appearing to read 'Chris Massey', with a stylized flourish at the end.

**Chris Massey**  
EXECUTIVE DIRECTOR | AISWA

## Acknowledgement of Country

AISWA respectfully acknowledges the traditional custodians of the land on which we operate, the Wadjak people of the Noongar nation. We pay our respects to Aboriginal Elders past, present, and emerging, as the Traditional Owners of the lands across Australia and acknowledge their continued connection to the land waters, and community.



**Artwork** *Juran* by Sara Riches



# Conference Overview

WEDNESDAY 9 SEPTEMBER 2026



UNIVERSITY CLUB, UNIVERSITY  
OF WESTERN AUSTRALIA:



1 Hackett Drive, Crawley WA 6009

This conference brings together school leaders, psychologists, wellbeing professionals, and educators from across Western Australia to explore contemporary approaches to student and staff wellbeing, consent, and respectful relationships. Guided by the theme **Strong Minds, Connected Communities: Wellbeing for every child, every culture, every family**, participants will engage with leading experts and evidence-based strategies to support thriving school communities.

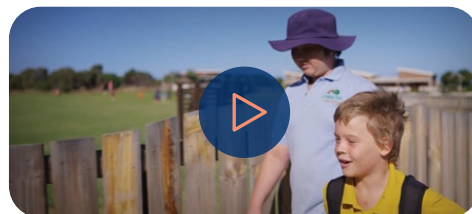
Attendees will enjoy a program of keynote presentations, practical workshops, and professional discussions covering key topics including early years wellbeing, the impact of digital technologies and AI, trauma-informed practice, culturally safe care, youth voice, staff wellbeing, and responding to challenges such as family violence, abuse, consent, and disordered eating.

The conference is also a valuable networking opportunity, providing time to connect with colleagues, share experiences, and exchange ideas with professionals from across the education sector. Registration includes morning tea and lunch, creating relaxed opportunities for meaningful conversations and collaboration throughout the day.

Join us for this important event and leave with practical tools, fresh insights, and new professional connections to strengthen wellbeing and respectful relationships in your school community.



**Learn more  
and register**  
**\$325 GST inc**



**Watch this  
short video  
to learn more!**

For any registration support or to create an account with AISWA, contact [websupport@ais.wa.edu.au](mailto:websupport@ais.wa.edu.au)

# Conference Schedule

## Day 1: Wednesday 9th September

8.30am Conference Arrival, Registration and Partner Showcase

9.00am Welcome to Country

9:20am AISWA Address: **Chris Massey, Executive Director**

9:25am Official Opening: **Matthew Richardson, Executive Director  
- Mental Health Commission of Western Australia**

9:35am Program Overview

9:45am Keynote Speaker: **Dr Andrew Fuller (Session One)**

10:30am Morning Tea and Partner Showcase

11:00am Keynote Speaker: **Dr Andrew Fuller (Session Two)**

11:45am Culture Matters:  
Creating Schools Where Every Student Belongs  
**Dr Jim Morrison OAM**

12.30pm Breakout Sessions

**The Power of the Environment:**  
Enhancing Relationships and Wellbeing  
**Trish Jakovich,  
Debbie Bolton,  
Lynne McCarney**

**Supporting Students with Eating Disorders in Schools:**  
A Whole-School Approach from Pre-K to Year 12  
**Sue Byrne**

**Emotional Endurance in Schools:** From Fatigue to Resilience  
**Tracy Hart**

1.15pm Lunch and Partner Showcase





2.00pm

## Breakout Sessions

**Critical Perspectives on AI and Wellbeing in Schools**

**Simon Fittock**

**Supporting Students with Eating Disorders in Schools:**

A Whole-School Approach from Pre-K to Year 12

**Sue Byrne**

**Breaking the Cycle:**

Trauma, Family Violence, Abuse and Consent (CRRE)

**Andrea Musulin**

3.00pm

**Sustainable Performance:**  
A Longevity Blueprint for the Workforce:  
**Dr Casey White**

4.15pm

**Event Concludes**



# Speakers



## **Lucy Sabatini (Conference MC)**

AISWA Manager, Wellbeing

As the Wellbeing Manager at AISWA, Lucy brings over 30 years of experience in education and leadership across the Independent and Catholic sectors. A dedicated advocate for wellbeing, Lucy is passionate about creating supportive environments and opportunities that allow both staff and students to drive positive outcomes and flourish. Her role involves fostering meaningful partnerships, delivering leadership consultancy, and providing professional learning for member schools. With a strong focus on whole-school wellbeing initiatives, particularly in Consent and Respectful Relationships Education (CRRE), Lucy is committed to ensuring that member schools feel supported in cultivating inclusive and thriving communities.

If you have any questions or would like further information about the conference, Lucy would be delighted to assist you. Please don't hesitate to email her at [LSabatini@ais.wa.edu.au](mailto:LSabatini@ais.wa.edu.au)



## **Matthew Richardson BA (HONS), PgDipPubPol, ASA**

Matthew joined the Mental Health Commission in June 2024, bringing extensive senior executive and leadership experience across several Western Australian Government agencies, including Communities, Treasury, Premier and Cabinet, and Biodiversity, Conservation and Attractions. His career has focused on systemic reform, continuous improvement and delivering better outcomes in health and social services. Matthew played a key role in the design and implementation of the National Disability Insurance Scheme (NDIS). He is also a Non-Executive Director of a not-for-profit therapy provider and an Associate Member of CPA Australia.



## **Dr Andrew Fuller**

Andrew Fuller is a clinical psychologist, family therapist, author, speaker and creator of Learning Strengths™. Andrew started working in mental health crisis teams with people who were at their last hopes and that inspired him to create with people, futures they can fall in love with. His work with over 5,000 communities and with more than 500,000 young people has identified the concept of The Resilient Mindset and the three main components of resilience- connect, protect and respect (CPR).





### **Dr Jim Morrison OAM**

Dr Jim Morrison OAM is a Menang-Goreng Noongar Elder, a Traditional Custodian of WA's southern coast. For over five decades, he has remained prominent in advancing Aboriginal community leadership, truth, justice and healing for Stolen Generations survivors and families, child protection, culturally aware and trauma informed mental health, justice, housing, suicide prevention, Eldercare, prison reform, and building strong Aboriginal-controlled organisations such as Reconciliation WA and Yokai Healing our Spirit. Over this journey he has been grateful in receiving an Order of Australia Medal, a John Curtin Medal, an honorary Murdoch University Doctorate, a Premiers Science Award, a NAIDOC Elder Male of the Year award and more recently national and international human rights awards as a producer of Genocide in the Wildflower State.



### **Trish Jakovich**

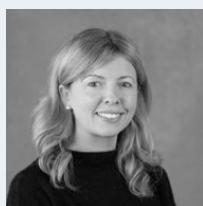
Trish is an experienced educator with a strong professional commitment to holistic education and wellbeing. She holds a Master of Education and a postgraduate qualification in Counselling, combining advanced academic knowledge with extensive practical experience. Trish has held leadership roles across early learning and junior school settings, providing a broad understanding of diverse educational environments. She has designed and led programs focused on parenting, as well as student and staff wellbeing, supporting positive outcomes within school communities.



### **Debbie Bolton**

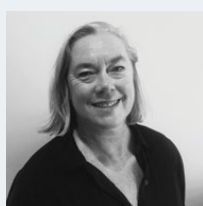
Debbie is a highly respected educator with more than 35 years of experience across schools in Western Australia and England. Her career spans teaching and leadership roles, including Early Childhood Coordinator, Deputy Head of Primary and Head of Primary. With expertise in curriculum development, pastoral care and staff mentoring, Debbie is passionate about supporting high-quality teaching and learning. She is a strong advocate for educational excellence, committed to nurturing positive outcomes for children, families and educators in the early years and beyond.

# Speakers



## Lynne McCarney

Lynne is an experienced educator, leader and consultant whose career spans early childhood, school settings and adult education. She has worked with children and adults across mainstream, complex learning and trauma-impacted environments, building expertise in relational pedagogy, oral language development and evidence-informed practice. A passionate advocate for children as capable learners, Lynne champions approaches that support wellbeing, creativity and growth. Her engaging, hands-on workshops provide practical strategies that empower educators and leaders to enhance practice, embrace contemporary research and sustain joy in teaching and learning.



## Dr Susan Byrne

Dr Susan Byrne is a clinical psychologist with more than 30 years of experience in eating disorder research, treatment and clinical practice. She holds a Doctor of Philosophy from Oxford University, along with a PhD and Master of Psychology from the University of Western Australia. Susan serves in senior research, teaching and clinical roles across WA's leading institutions and maintains a private practice. A recognised leader in the field, she received the 2023 Australia and New Zealand Academy of Eating Disorders Lifetime Achievement Award for her outstanding contribution to the sector.



## Tracy Hart

Tracy Hart is a psychologist, teacher and wellbeing educator with more than 35 years' experience working across school communities. Through Prosper Health Academy, she works with educators and caregivers to strengthen the relational ecosystems surrounding children and young people, using psychologically informed, preventative and practical approaches.



## Simon Fittock

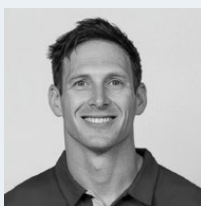
Simon is a specialist in artificial intelligence, Technologies, digital literacy, and ICT across the curriculum. He holds a Master of Education by Research degree (Education Leadership) and is a doctoral candidate. Simon has a keen interest in educational practice and has professional experience in Australia and abroad. He has developed his expertise through work as a teacher, academic and consultant.





### **Andrea Musulin**

Andrea is an experienced safeguarding and child protection professional with more than 30 years of expertise across policing, community services, safeguarding leadership and education. A former WA Police officer, she has made significant contributions to child protection and Protective Behaviours education. Andrea is the Managing Director of Child Focused Safety Services WA and Safeguarding Lead for WA PCYC. An inaugural inductee of the WA International Women's Day Hall of Fame, she is passionate about strengthening child-safe practices and empowering communities to protect and support young people.



### **Dr Casey White**

Dr Casey White is a Specialist Sport and Exercise Physician with a focus on proactive health, performance and longevity. He is Head of Health for the West Coast Eagles and Head Team Physician for the Perth Wildcats, bringing elite sports medicine expertise to clinical practice. A University of Western Australia graduate, Casey earned specialist Fellowship and the College Medal in 2021. He also holds a Master of Philosophy in injury research. His mission is to help people reduce long-term health risks through preventative, evidence-based care.





## Thank you to our Event Partners

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**AISWA**