



Stronger relationships to help kids, now and in the future

Proven, positive strategies to help every family

Now free in Australia

WHY TRIPLE P ONLINE MAKES ALL THE DIFFERENCE

You want to support your child's development, grow closer and solve problems – positively. Now you can do the parenting program developed here in Australia, now used around the world. It's backed by research, proven by parents. And it's free!

- Boost children's emotional wellbeing and maintain a good relationship – now, and in the years to come.
- Make family life less stressful and more enjoyable – even in tough times.
- Practical, simple strategies you can start using straight away – backed by 35+ years of research studies.
- Set good habits early and nip problems in the bud – you tailor the program to suit your child.
- Raise happier, more capable kids who can meet life's challenges.
- Join a million+ parents and carers in Australia who've been helped by the Triple P – Positive Parenting Program®.

Free support for your positive parenting journey

Your complete positive parenting toolkit, now yours at no cost. Choose what works for you, to help give your kids key life skills and help the whole family stay calm and positive. Partners and other family members can do the program free too, so everyone's on the same page and there's less conflict.

- Interactive, easy-to-use online program, including videos and activities and a downloadable workbook.
- Each module only takes about an hour or less, and you can do just a few minutes at a time.
- Available anytime, at your place, at your pace!

Help give your child the life skills they need with Triple P Online – for parents/carers of children under 12.



START YOUR FREE PROGRAM TODAY!

triplep-parenting.net.au

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