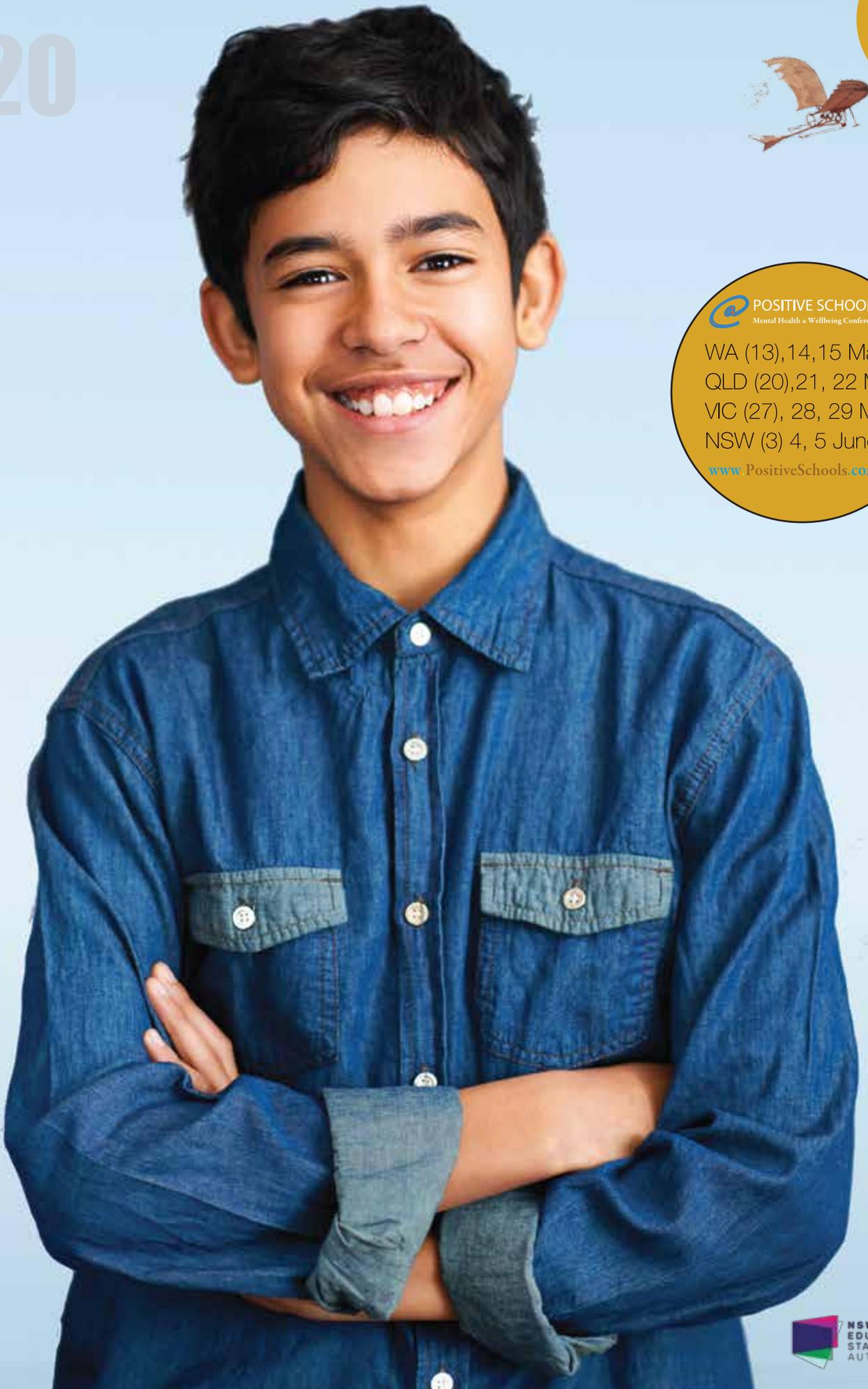


2020

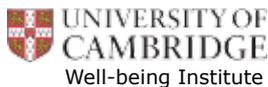
CALM + CONFIDENT



 POSITIVE SCHOOLS  
Mental Health & Wellbeing Conference

WA (13), 14, 15 May  
QLD (20), 21, 22 May  
VIC (27), 28, 29 May  
NSW (3) 4, 5 June

[www.PositiveSchools.com.au](http://www.PositiveSchools.com.au)



# DAY ONE MAIN STAGE & WORKSHOPS



Sabina Read  
Managing Stress  
& DAY ONE host(QLD,VIC)

481



David Bott  
GGS Institute of Pos Ed  
Teaching the Future



Maria Ruberto  
Teaching Brain Fitness to  
School Aged Children



Michael Hardie  
Know Your Place- Embedding  
Outdoor Learning Through  
Diverse Educational Settings



Justin Robinson  
GGS Institute of Pos Ed  
From Imagination to Imagined Reality

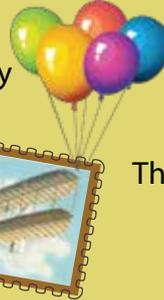
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“[This conference] was  
inspiring, informative and I  
wanted to change the world...”

Melanie Chapell, Margaret  
River Senior High School



Dr Helen Street  
All About Equity



Prof Felice N Jacka  
Diet and Brain Health  
Over the Life Course



Brendan Bailey, Berry Street  
This is Not a Drill - Being Prepared for  
Challenging Classrooms

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“Book now or maybe miss out on  
the most thought-provoking,  
challenging and  
enjoyable conference of the year.”

Dr Michael Carr-Gregg,  
Child and Adolescent Psychologist  
Positive Schools Ambassador

# DAY ONE MAIN STAGE & WORKSHOPS



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Journeyman Tim Cope  
From Real Life to Inspired Living



“Unreal as Usual – LOVE IT SO MUCH” Melanie Lain, Teacher



AJ Betts  
The Classroom and Making Space for Wonder

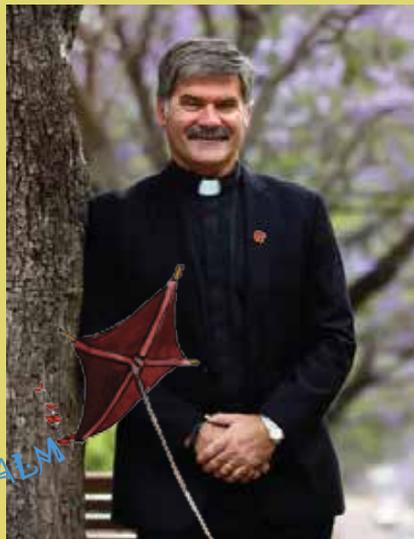


Chantel Fathers  
Beyond Blue Be You  
The School Experience

**BeyondBlue**



Athena Vass  
Teaching Brain Fitness to  
School Aged Children



Reverend Richard Pengelly  
From Homer's Iliad to Homer Simpson;  
The West is Crying Out for Stories that  
Feed the Soul  
& DAY ONE host (WA, VIC)



Susan McLean  
Healthy Relationships

**LOVE TO LEARN**



Daniel Donahoo  
Developing Media Literacy



# DAY TWO MAIN STAGE



Tracey Spicer AM  
DAY TWO HOST

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“Amazing and  
Motivating”  
Meryl Ward  
High School Teacher,



Prof Ron Rapee  
Taking the Worry Out of School:  
Understanding Anxiety and  
Building Confidence in  
Anxious School Students



AJ Betts  
The Courage of Vulnerability

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Nicole Pates  
'Invisible Illness in the Classroom' –  
Understanding and Supporting Chronic  
Health Conditions and Associated Anxiety



Prof Matt Sanders  
The Flip Side of Anxiety –  
Cool, Calm and Collected



Leonie Abbott  
Berry Street  
Teaching THROUGH  
Wellbeing

VOICES FOR CALM!!



A/Prof Verity Pacey  
Invisible Illness & Anxiety



Dr Michael Carr-Gregg  
The Compare and Despair Phenomenon –  
Social Media and Young People: A Digital Delight or Disaster?



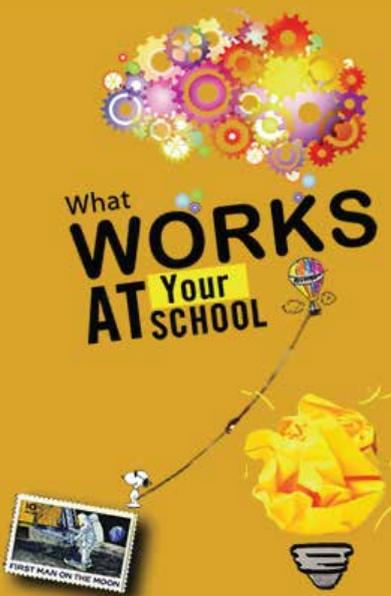
# VOICES FOR CALM

Positive Schools 2020 will address the biggest social and psychological concern facing schools today, that of anxiety. In so doing, we will examine 'the flip side of anxiety and stress' and ask how we can better support calm, confidence and courage within our school and classroom communities.

Get on board and participate in our Voices for Calm project (details on the conference website). Meet colleagues and leading experts from around the world, choose workshops that work for you, be inspired through powerful stories and take home up-to-date sustainable and realistic information



Australia's Premier Wellbeing and Mental Health Event is specifically for all Primary and Secondary Teachers, School Leaders, School Psychologists & Nurses and Allied Education Professionals. Over a pre-conference workshop day and two full main conference days, leading experts from around the world will engage us, challenge us and inspire us to create exceptional education and build exceptional schools.



Support CALM, COURAGEOUS and CONFIDENT school communities where everyone knows that everyone matters.

Positive Schools offer you an unbridled opportunity to better manage anxiety, create healthier context and culture, build resiliency in yourselves and in others, grow in calmness, courage and confidence, develop awareness and mindfulness, build compassion and better support motivation

40 presenters, 3000 delegates, four venues, one vision... Positive Schools... so much more than a conference.



# Putting Values into Action

## Pre- Conference Workshop for Educators

This **all-new** workshop will explore the nature of successful, sustainable, meaningful change and development with a firm focus on the creation of Contextual Wellbeing\* in your classroom and school communities. It is not enough to 'teach' people about values and value led behaviours. It is not enough to understand how to be kind, the benefits of compassion or what it means to be honest. Rather we need to help young people to embrace the core values of their classroom and school communities, as simply 'the way things are'; as normal, expected ways of thinking, feeling and behaving.

Helen will combine her systems framework for wellbeing with Appreciative Inquiry methods. In so doing, she will guide delegates to deepen and build on the best elements of their school, and embrace change with enthusiasm, commitment and inclusivity.

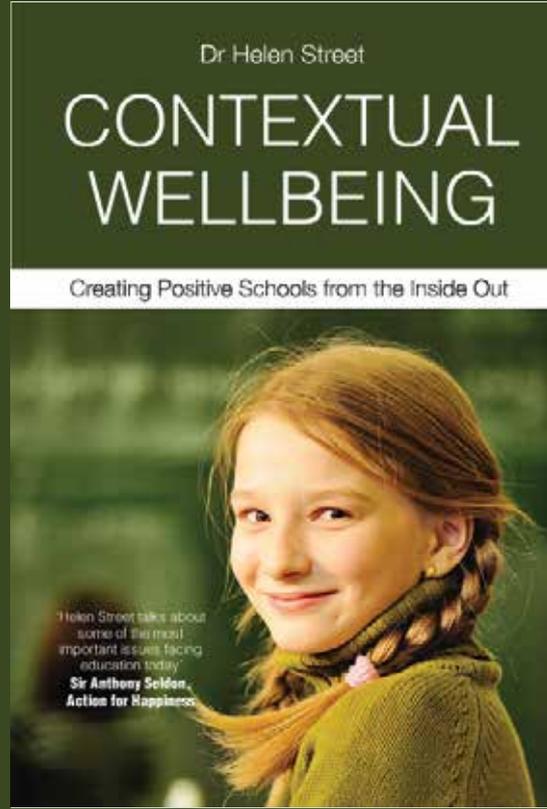


*\*Contextual Wellbeing - 'A state of belonging and positive engagement in life that arises from membership of a healthy social context'*  
Helen Street,

with Dr Helen Street

**"It is a great thing to have a vision, it is a far greater thing to make a vision into a reality".**

[www.ContextualWellbeing.com.au](http://www.ContextualWellbeing.com.au)



### POSITIVE SCHOOLS 2020 Mental Health & Wellbeing Conferences REGISTRATION FORM

<b>WA</b> 13-14-15 MAY The Rydges Esplanade Hotel Fremantle	<b>QLD</b> 20-21-22 MAY Brisbane Convention Centre	<b>VIC</b> 27-28-29 MAY Melbourne Convention Centre	<b>NSW</b> 3-4-5 JUNE SMC Conference Centre Sydney
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Name (& position)  Pre Day 1  Day 2

Daytime phone number:

Accounts department contact:

Institution name & address:

#### ADDITIONAL DELEGATES

Name (& position) please print:  Pre Day 1  Day 2

Name (& position) please print:

I/we will be attending - please tick which state you wish to attend

WA  QLD  VIC  NSW

Completing the Positive Schools conference will contribute 11 hours and 30 minutes of NESA Registered PD addressing 6.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

Registration: I/we will be attending...	EARLY BIRD (UPTO 31st DEC 2019)	EARLY BIRD (UPTO 1st MAY 2020)	STANDARD	NO. OF TICKETS	TOTAL
PRE CONFERENCE WORKSHOP PUTTING VALUES INTO ACTION by Dr Helen Street (NB Wed 9:30 - 14:30 in each state. Workshop delegates must also enrol in at least one day of the main event)	\$205	\$225	\$265		
Main Day Thursday NESA Registered	\$265	\$285	\$295		
Main Day Friday NESA Registered	\$265	\$285	\$295		
Thursday & Friday NESA Registered	\$500	\$550	\$570		
GROUP BOOKING (SIX OR MORE)	PLEASE EMAIL	PLEASE EMAIL	PLEASE EMAIL		
ADD GST	10%	10%	10%		

Your registration will automatically include a subscription to The Positive Times. The Positive Times is a new FREE online magazine with a monthly newsletter for educators. The site features solution focused articles on mental health and wellbeing from popular past, present and upcoming Positive Schools presenters.

The Positive Times is proudly supported by The Positive Schools Initiative.

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