

# POSITIVE SCHOOLS

Mental Health & Wellbeing Conferences For All Primary & Secondary Educators



## CONTEXT





QLD	WA	VIC	NSW
16-17-18	23-24-25	30-31-1	6-7-8
MAY	MAY	MAY/JUNE	JUNE
Brisbane Convention Centre	The Rydges Esplanade Hotel Fremantle	Melbourne Convention Centre	SMC Conference Centre Sydney

www.PositiveSchools.com.au















## DAY ONE MAIN STAGE &

# WORKSHOPS

**Professor Toni Noble** 

Failings & Stuff-Ups

Dana Kerford

Creating a Culture of

Kindness Through

Friendship Skills

Nobody's Perfect - Helping Students Manage Faults,









Justin Robertson Geelong Grammar Positive Education – 10 Hopeful thoughts



Luke McKenna Keys to Building Resilient Young People



**David Bott Geelong Grammar Teaching Positive Education** - Creating an Explicit Curriculum



Sabina Read

How to Create a Thriving Relationship

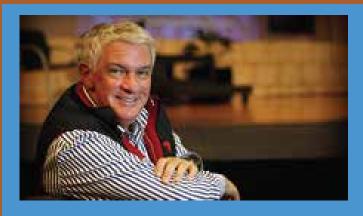
**Holly Brennan Keeping Kids Safe Daniel Morcombe Foundation** 



The Very Reverent Richard Pengelley, **Positive Schools Host** 



State! 



"Last year's Positive Schools Conference was a sell-out. The 2018 offering is even better. Don't be disappointed. Book now or maybe miss out on the most thought-provoking, challenging and enjoyable conference of the year."

> Dr Michael Carr-Gregg, Child and Adolescent Psychologist Positive Schools Ambassador

# DAY ONE MAIN STAGE &

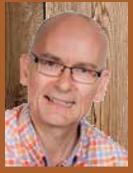
**Bek Wermut** Music for Social and **Emotional Wellbeing** 



**David Kolpak** Where's The Evidence - Using Data to Support Pos Ed

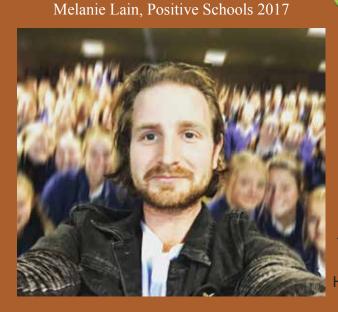


Melinda Carlyle **Peer Support** 



Michael Hardie A Positive Journey

WORKSHOPS "Unreal as Usual – LOVE IT SO MUCH"



**Nic Newling** From Scholarship Kid to High School Drop-Out. My Secret Journey Through **Mental Illness** 



Dr Simon Faulkner Rhythm2Recovery



**Deborah Nicolson** The Song Room





Engage, Inspire, Ignite



Leonie Abbott Berry Street Childhood Institute Harnessing Strengths Inside the Tornado: Using Trauma-Informed Wellbeing Strategies to Support Hyperactive and Defiant Students

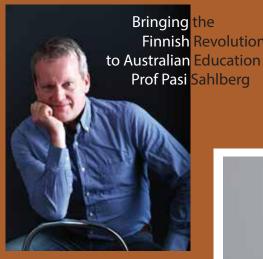


Dr Marianne Mansour Student to Student **Peer Support** 



Kristy Ambrose Wellheing for Educators: Shifting Our Focus from Overwheim to Purpose





Finnish Revolution



# DAY TWO **MAIN STAGE**



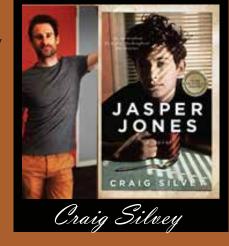
Dr Helen Street **Turning Positive Schools Inside Out** 



**Tracey Spicer** 

DAY TWO HOST. Unique and Powerful and Practical Strategies" Angelica Escobar, Positive Schools 2017

Professor Jared Horvath: Education, Wellbeing, & The Brain: What's Really at Stake?



Internationally acclaimed best-selling author of Jasper Jones, Rhubarb and The Amber Amulet, Craig Silvey speaks about his life in literature, describing his early passion for stories and his Mindfulness and Compassion usual road to publication. A strong advocate for inspir-

ing creativity in young people he asks: where to from here?



Michele Chevalley Hedge As the Sugar Wars Continue -What Can Schools Do to Support a Better Future for



**Professor Felicia Huppert** 

As The Foundations of

Well-being

**Professor Donna Cross Goldilocks Conditions for** Student Wellbeing: Getting it Just Right to Improve **Educational Outcomes** 



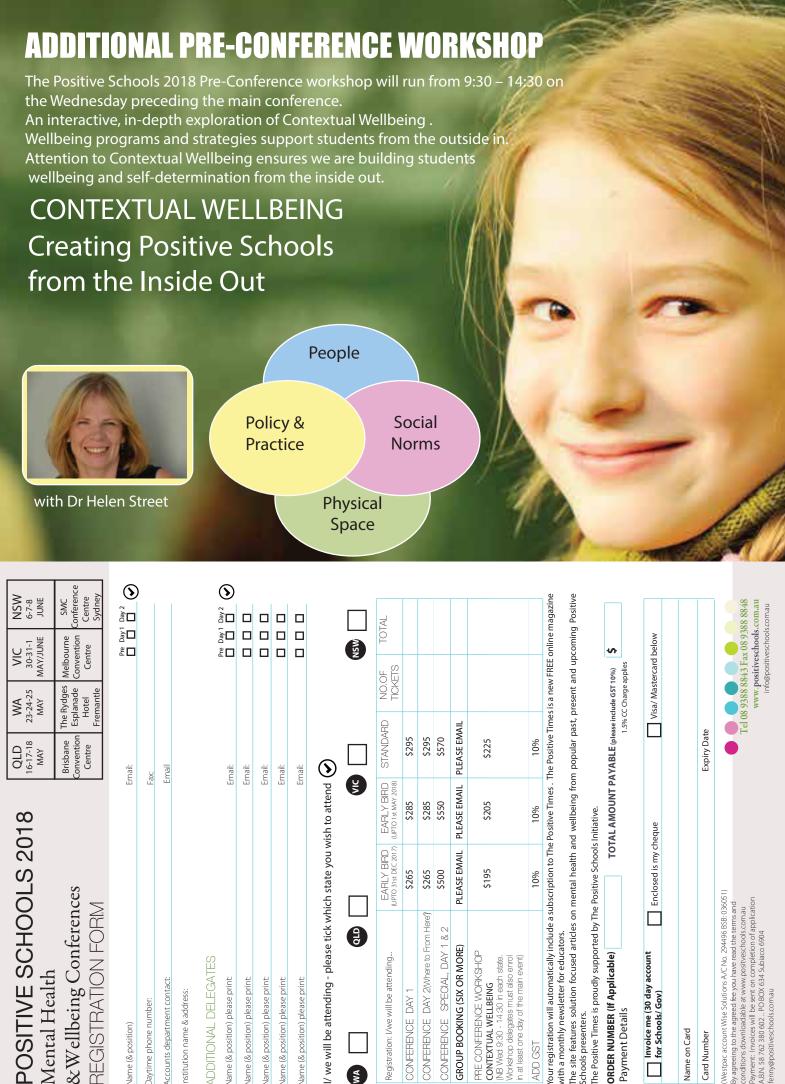
Tom Brunzell **Berry Street** The Sunspot Challenge: **Expanding Effective Classroom Strategies** Across the Entire School



Dr Michael Carr- Gregg The i-future of Wellbeing in Schools PLUS 'On The Spot with Australian Leaders'







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110	Registration: I/we will be attending	EARLY BIRD (UPTO 31st DEC 2017)	EARLY BIRD (UPTO 1st MAY 2018)	STANDARD	DNO.OF TICKETS		TOTAL
	CONFERENCE DAY 1	\$265	\$285	\$295			
3	CONFERENCE DAY 2(Where to From Here?	\$265	\$285	\$295			
M	CONFERENCE SPECIAL, DAY 1 & 2	\$500	\$550	\$570			
l I	GROUP BOOKING (SIX OR MORE)	PLEASE EMAIL	PLEASE EMAIL	PLEASE EMAIL	AIL.		
	PRE CONFERENCE WORKSHOP CONTEXTUAL WELLBEING (NB Wed 9:30 - 14:30 in each state. Workshop delegates must also enrol in at least one day of the main event)	\$195	\$205	\$225			
<b>7</b> 8	ADD GST	10%	10%	10%			
	Your registration will automatically include a subscription to The Positive Times . The Positive Times is a new FREE online magazir with a monthly newsletter for educators.	bscription to The	Positive Times . <sup>1</sup>	The Positive T	ïmes is a new	v FREE online I	nagazi

TOTAL AMOUNT PAYABLE (please include GST 10%) **Expiry Date** The Positive Times is proudly supported by The Positive Schools Initiative. Enclosed is my cheque ORDER NUMBER (If Applicable) Invoice me (30 day account for Schools/ Gov) Payment Details Schools presenters.

Name on Card



### **POSITIVE SCHOOLS 2018**

Positive Schools is celebrating its tenth anniversary. It is time that we took stock, and asked: 'where to from here?'

Over two full days, leading experts from around the world will challenge us and inspire us to create exceptional education in exceptional schools. Education that supports equity and diversity.

Australia's Premier Wellbeing and Mental Health Event specifically for all Primary and Secondary Teachers, School Leaders, School Psychologists and Allied Professionals



What do we need to do in the next ten years? Next week? Tomorrow? To ensure that we are all genuinely... realistically... effectively supporting self-determination and wellbeing in every young person?

# SCHOOLS 4 TOMORROW POSTER DISPLAY

In celebration of ten years of Positive Schools, our 'Schools4Tomorrow' poster display offers an opportunity to look to the future of school based wellbeing and see what ideas schools are planning and developing near you. Visit the Positive Schools website to get your school involved and receive a discount to attend the event.





uild flourishing school communityies into the future. Communities where everyone knows that everyone matters.

Positive Schools offer you an unbridled opportunity to create healthy context and culture, build resiliency, confidence, mindfulness, compassion and motivation in yourself, your colleagues, and your students.

40 presenters, 3000 delegates, four venues, one vision...Positive Schools... so much more than a conference.

www.PositiveSchools.com.au

















### **Timetable** 2018

Event	Location	Dates	
QLD Positive Schools conference	Brisbane Convention Centre	16 – 17 – 18 May 2018	
WA Positive Schools conference	Fremantle Rydges Esplanade Hotel	23 – 24 – 25 May 2018	
VIC Positive Schools conference	Melbourne Convention Centre	30 – 31 May & 1 June 2018	
NSW Positive Schools conference	Sydney Masonic Centre	6 – 7 – 8 June 2018	

## Wednesday

### pre-conference workshop

9:30 - 14:30

**Contextual Wellbeing:** 

**Creating Positive Schools from the Inside Out** 

**Associate Professor Helen Street** 

Chair, Positive Schools Initiative, Honorary Research Fellow, University of Western Australia

### POSITIVE SCHOOLS Mental Health & Wellbeing Conferences For All Primary & Secondary Educators

### Timetable 2018

## **Thursday**

### **Schools4Tomorrow Poster Display**

Sharing visions about the future of your school plans to support better levels of wellbeing, ideas for improving engagement in learning and a greater sense of trust and community.

### **MAIN STAGE**

7:30 - 8:45

Registrations with Tea, Coffee, SCHOOLS 4 TOMORROW Poster Displays and Trade Displays

8:45

**Opening Live Performance** 

The Song Room (QLD, VIC, NSW)

Local Young Musicians & Young Entertainers from TBA (WA)

9:00

Welcome to Positive Schools 2018

with Positive Schools Day One Hosts Holly Brennan OAM, CEO Daniel Morcombe Foundation, Author (QLD, NSW) The Very Rev Richard Pengelley Dean of Perth (WA, VIC)

9:15

From Scholarship Kid to High School Drop-Out: My Secret Journey Through Mental Illness

**Nic Newling** 

Author, Mental Health Advocate Ambassador for R U OK?, Movember and the Australian Mental Health Prize

9:45

Creating a Culture of Kindness Through Friendship Skills

Dana Kerford

Founder of URSTRONG

10:15

Supporting Group Relationships to Nurture Youth Mental Health and Wellbeing

Dr Marianne Mansour



**10:30 – 11:00 Morning Tea**Tea, Coffee, Food, SCHOOLS 4 TOMORROW Poster Displays & Trade Displays

### Main Stage cont.

11:00

### **How to Create a Thriving Relationship**

Sabina Read
Channel 7 Psychologist
Board Member and Ambassador for the Family Peace Foundation

11:35

### **Nobody's Perfect:**

### **Helping Students Manage Faults, Failing & Stuff-Ups**

Professor Toni Noble

Educational Psychologist
Institute for Positive Psychology and Education, Australian Catholic University

12:10

### Positive Education:

### **Ten Hopeful Thoughts**

Justin Robinson

Director of the Institute of Positive Education

Geelong Grammar School, VIC

12:45 - 13:45 Lunch

Tea, Coffee, A Hot Buffet Lunch, SCHOOLS 4 TOMORROW Poster Displays & Trade Displays

13:15 - 13:40

### MIND FOOD

Lunch Time Talks

### Mind Food QLD

What is This Thing Called Ed-LinQ?

Peta-Anne Burns, QLD Health

### **Heart Brain Wisdom in Today's Classroom**

Wendy Fox, Inaugural Wellbeing Champion,



### Mind Food cont.

### Mind Food WA

Maximus (A new novel for pre-teens)

Steve Heron OAM BUZ founder

### Mind Food VIC

**Student Connect:** 

**Encouraging Help Seeking in Students** 

Heath McMillin (Principal) & Denise Sadique (Student Connect Coordinator) SEDA College

#### **The Song Room**

Deborah Nicolson
Director of Programs, The Song Room

### **Rethinking Education:**

The contradictions between Positive Education and Teaching Practices

Lucinda Malgas Kingswood College, Rethinking Schools Network

### Mind Food NSW

**Kids Giving Back** 

Jennifer Crossman Senior Advisor to Board, Kids Giving Back

#### **The Song Room**

Deborah Nicolson
Director of Programs, The Song Room

### **Creating Chances Youth Development Pathway**

Mark Busby Creating Chances



13:45 - 17:00

### **AFTERNOON WORKSHOPS**

fifteen workshops to choose from in every state five streams across three separate sessions

13:45 – 14:40 SESSION ONE

Teaching Positive Education:
Creating an Explicit Primary Curriculum

Aimee Bloom & Tara Clark Geelong Grammar School

In Search Evidence:
Using Data to Support Positive Education

David Kolpak
Head of Junior Years – Wellbeing & Administration
St Peter's College, Adelaide, SA

The Space Between Us:
Harnessing the Power of the School Environment
to Create a Positive School Context

Associate Professor Helen Street
Chair, Positive Schools Initiative
Honorary Research Fellow, University of Western Australia
Founder of the 'Contextual Wellbeing' Model

Rhythm2Recovery:
Music for Social and Emotional Wellbeing

Simon Faulkner (QLD, WA, VIC), Bek Wermut (NSW) Rhythm2Recovery

#KeepingKidsSafe:

The Daniel Morcombe Child Safety Curriculum

Holly Brennan OAM CEO, Daniel Morcombe Foundation, Author



### AFTERNOON WORKSHOPS cont.

14:50 – 15:45 SESSION TWO

Teaching Positive Education:
Creating an Explicit Secondary Curriculum

Aimee Bloom & Tara Clark Geelong Grammar School

Harnessing Strengths Insider the Tornado:
Using Trauma-Informed Wellbeing Strategies to Support Hyperactive and Defiant Students

Leonie Abbott Berry Street Education Model, Berry Street Childhood Institute

Wellbeing for Educators: Shifting Our Focus from Overwhelm to Purpose

Kristy Ambrose
Founder, Disruptive Education and Training

Things They Definitely Don't Teach You in School (What I Wish I Knew)

Nic Newling

Author, Mental Health Advocate

Ambassador for R U OK?, Movember and the Australian Mental Health Prize

**Keys to Building Resilient Young People** 

Luke McKenna Founder, Unleashing Personal Potential

**15:45 – 16:05 Afternoon Tea**Tea, Coffee, Food, SCHOOLS 4 TOMORROW Poster Displays & Trade Displays



### AFTERNOON WORKSHOPS cont.

16:05 - 17:00

### **SESSION THREE**

### The Sleep Connection:

### Improve the Health, Resilience and Performance of Your School

Lisa Maltman (QLD, NSW)
Founder, The Sleep Connection

### **Creating Mentally Healthy Students**

Darci Miller (WA)
2017 Western Australia National Youth Week Ambassador
Act, Belong, Commit

### Finding Your Path: Helping Young People to Transition through Educational Stages

Amba Brown (VIC), Author and Positive Psychologist

### **Unravelling the Mysteries of Mindfulness**

Donald Pincott & Anne Ingram Brisbane Girls Grammar School

### Supporting the Mental, Social and Emotional Wellbeing of Young People through the Peer Support Program

Melinda Carlyle (QLD, WA), Jill Pearman (VIC, NSW) Wellbeing Education Consultant, Peer Support

#### **Creating Positive Teachers**

Michael Hardie & Positive Teachers 2017 (QLD, NSW) Richard Pengelley & Positive Teachers 2017 (WA, VIC)

#### **Creating an Awesome School Culture**

Dr Michael Steward (QLD)
Principal, Our Lady of the Rosary School, Sunshine Coast, QLD

### **Alcohol and Other Drugs Education**

Linda Thorburn (WA)
SDERA

### **Creating Positive School Culture through Restorative Practices**

Kerrie Sellen & Grace Moncrieff (VIC, NSW)

Restorative Works



### Timetable 2018

## **Friday**

### **MAIN STAGE Master Class**

### Where to From Here?

hosted by Tracey Spicer

8:00 - 8:45

Registrations with tea, coffee, SCHOOLS 4 TOMORROW Poster Displays and trade displays (All States)

8:45

#### **Opening Live Performance**

Local Young Musicians & Young Entertainers from **The Song Room** (QLD, VIC, NSW) **TBA** (WA)

9:05

#### Welcome

Tracey Spicer Entertainer, Author, Comedian and Radio Presenter Advocate for Women's Rights

9:20

### The Importance of Parenting (QLD)

Professor Matthew Sanders

Director of the Parenting and Family Support Centre, The University of Queensland Founder, The Triple P – Positive Parenting Program

**Very Special Guest (WA)** 

TBA

### Mindfulness and Compassion as the Foundations of Well-being (VIC, NSW)

Professor Felicia Huppert

Institute for Positive Psychology and Education, Australian Catholic University Sydney Director of the Wellbeing Institute, University of Cambridge

9:45

#### **Creating Positive Schools from the Inside Out**

Associate Professor Helen Street
Chair, Positive Schools Initiative
Honorary Research Fellow, University of Western Australia



# Timetable 2018 Friday Cont.

### MAIN STAGE Master Class cont.

10:15

Energy, Vitality, & Happy Hormones: It's All in Your Food

Michele Chevalley Hedge
Qualified Nutritionist, Professional Speaker, International Author

10:45 - 11:15 Morning Tea

Tea, Coffee, Food, SCHOOLS 4 TOMORROW Poster Displays & Trade Displays

11:20

The Sunspot Challenge:

**Expanding Effective Classroom Strategies Across the Entire School** 

Tom Brunzell
Senior Education Advisor
Berry Street Education Model, Berry Street Childhood Institute

11:45

Goldilocks Conditions for Student Wellbeing:
Getting It Just Right to Improve Educational Outcomes

**Professor Donna Cross** 

Winthrop Professor, Faculty of Medicine, Dentistry and Health Sciences, University of Western Australia
Head of Health Promotion and Education research, Telethon Kids Institute

12:15

Is Technology Destroying Our Young People and What Can Schools Do About It?

Dr Michael Carr-Gregg Adolescent Psychologist & Parenting Expert

12:40

Ask the Minister

Dr Michael Carr-Gregg

to facilitate a discussion on the future of SEL in schools with:
Hon. Grace Grace, Minister for Education & Industrial Relations (QLD)
Hon. Suzanne Mary (Sue) Ellery, Minister for Education and Training (WA)
Hon. James Anthony Merlino, Minister for Education (VIC)
TBA (NSW)



# Timetable 2018 Friday Cont.

13:00 - 14:00 Lunch

Tea, Coffee, A Hot Buffet Lunch, SCHOOLS 4 TOMORROW Poster Displays & Trade Displays

### MAIN STAGE Master Class cont.

14:00

**Education, Wellbeing & The Brain:** 

What's Really at Stake?

Dr Jared Cooney Horvath
Director of the Science of Learning Group
The University of Melbourne

14:40

Finnish-Ed:

How did Finland Become the World Leader in Holistic and Equitable Education:

What Can Australia learn?

Professor Pasi Sahlberg
Finland's Leading Education Expert,
Former Director General of the Minister of Education in Finland
(Appearing LIVE in WA, VIC and NSW and by Skype in QLD)

15:15

**Craig Silvey:** 

Where to From Here?

Craig Silvey
Internationally Acclaimed Best-Selling Author of
Jasper Jones, Rhubarb and The Amber Amulet

15:55

**CONFERENCE CLOSE** 



Positive Schools
2018 is coming to a
venue near you

## Australia's premier wellbeing and positive education event for all primary and secondary educators

Event	Location	Dates
QLD Positive Schools conference	Brisbane Convention Centre	16 – 17 – 18 May 2018
WA Positive Schools conference	Fremantle Esplanade Hotel	23 – 24 – 25 May 2018
VIC Positive Schools conference	Melbourne Convention Centre	30 – 31 May & 1 June 2018
NSW Positive Schools conference	Sydney Masonic Centre	6 – 7 – 8 June 2018

### **GROUP BOOKINGS INFORMATION**



### CREATING COHESION, VALUEING EQUITY, MOVING FORWARD WITH CONFIDENCE.

### RESERVE A TABLE FOR YOUR SCHOOL TODAY

Number of Staff Attending	Group Percentage Discount (%)	Early bird price for pre-conference workshop	Early bird price for Thursday OR Friday only	Early bird price for Thursday AND Friday	Early bird price for THREE day event
One to Five	0	\$205	\$285	\$550.00	\$755
Six - Nine	5	\$194.75	\$270.75	\$522.50	\$717.25
Ten - Nineteen	10	\$184.50	\$256.50	\$495	\$679.50
Twenty – Thirty-nine	20	\$164	\$228	\$440	\$604
Forty – Forty-nine	23	\$157.85	\$219.45	\$423.50	\$583.35
Fifty plus	27	\$149.65	\$208.05	\$401.50	\$551.15

Please note – all prices are Early Bird prices (pre April 1, 2018) and stated excluding GST.

Tables can be reserved for all group bookings at a maximum of ten to a table.

Please see website for terms and conditions