

Hosted by



In collaboration with the Eating Disorders Program



Government of **Western Australia**
Child and Adolescent Health Service

CONNECTING THE DOTS: MAKING SENSE OF EATING DISORDERS.

Friday 19th - Saturday 20th May 2017

8.30am (registration) to 5pm

Keynote Speakers:

Dr. Roxanne Rockwell is an assistant clinical professor in the Department of Psychiatry and Director of the UC San Diego Adolescent Eating Disorders Service. She has experience in the



treatment, evaluation and research of eating disorders and obesity since 1999. She was one of the founding members of the UCSD Eating Disorders Program in 2005, and has been integrally involved in its development and expansion. Dr. Rockwell played a primary role in devising and building the innovative individual and multi-family Intensive Family Therapy (IFT)

programs and the adolescent and young adult day treatment and intensive outpatient programs. As a certified Family Based Therapist, she served as the IFT program director for several years, and currently provides training and supervision in this modality for staff and faculty. She founded the UC San Diego Parent Advisory Council (PAC) in 2012 and continues to develop this important service.

Professor Janet Treasure is a psychiatrist who has specialised in the treatment of eating disorders for more than 25 years. She is currently director of the Eating



Disorders Service, a leading centre in the clinical management of eating disorders and training. Professor Treasure is the Chief medical advisor for Beat, the UK's primary eating disorder charity, patron of the Sheffield Eating Disorders Association and Fellow of the Academy of Eating Disorders.

She chaired the physical treatment section of the UK National Institute for Health and Clinical Excellence (NICE) Guideline Committee. During her career, she has edited seven academic texts on eating disorders and authored three self-help books, including "Getting better bite by bite" and "Caring for a loved one with an eating disorder: a skills-based manual of the new Maudsley method" for families and parents of people with an eating disorder.

To register for this event, please go to <https://www.trybooking.com/PRYK>

Registrations close 15th May 2017

Costs:

2 Day professional registration: \$225

2 Day carer/consumer registration: \$180

1 Day professional registration: \$135

1 Day carer/consumer registration: \$105

Student rates available for both days.

Venue:

Institute of Management
Birkdale St, Floreat, Perth WA

TryBooking is proud to sponsor this event and will donate back all booking fees.



Supported by the local services and organisations:



CONNECTING THE DOTS: MAKING SENSE OF EATING DISORDERS. PRELIMINARY PROGRAM

DAY 1		
9.00 Welcome and Keynote. Professor Janet Treasure: When is the evidence not enough. The Case for Evidence-based practice		
10.30 Stream 1 workshops	Stream 2 workshops	Stream 3 workshops
Self Care and Mindfulness <i>Murdoch Clinical Psychology Team</i>	Standing Alongside (and why it's easier said than done) <i>Kathy Logie Princess Margaret Hospital and WAEDOS</i>	Incorporating therapist-assisted exposure into eating disorder treatment <i>Fiona Cartwright and Nadia Ward Hollywood Clinic</i>
12.45 Stream 1 workshops	Stream 2 workshops	Stream 3 workshops
Understanding and Overcoming Perfectionism <i>Kimberley Hoiles and Chloe Shu Princess Margaret Hospital</i>	Meal Coaching Strategies: A skills workshop to help you effectively navigate the good, the bad, and the ugly. <i>Dr Roxanne Rockwell</i>	MANTRA: where are we now and where are we going <i>Professor Janet Treasure</i>
Self Help with Online Resources – CCI and beyond <i>Dr Anthea Fursland Centre for Clinical Intervention</i>		
4.00 Keynote: Dr Roxanne Rockwell: Eating Disorders in the 21 st century: Diving into the deep end and surviving		
DAY 2		
8.45 Plenary Address. Professor Janet Treasure and Dr Laura Hill: Genetic and Biological Advances in Eating Disorders: Implications for Care.		
10.30 Stream 1 workshops	Stream 2 workshops	Stream 3 workshops
10.30 Lived Experience of Recovery and Service Delivery	Coping with the Crisis - When ED Takes Control <i>The Carer Peer Support Team Princess Margaret Hospital</i>	Binge Eating Disorder: Medical assessment, dietary management and lived experience. <i>Kate Fleming, Sue Martin, Kathleen Chin</i>
1.30 Creative Self Care and Stress Management <i>Madeleine Sewell, Tania Towers, Carer Peer, Peer Worker</i>	Collaborative Care- Task Sharing with parents <i>Professor Janet Treasure</i>	Stigma: Keeping It Out Of Our Practice and Helping Clients Manage Its Effects <i>Kim Eaton UWA and PMH EDP</i>
3.15 "Help me to Help you" – A peer connection between Consumer and Carer <i>Shannon Calvert and Allison Parkinson</i>		The Shape of Us: Comorbidity of gender dysphoria and disordered eating <i>Kai Schweizer and Steven Morrish</i>